



**Rheumatology
Research Foundation**
Advancing Treatment | Finding Cures

RHEUMATOLOGY RESEARCH FOUNDATION #RHEUMCHAMPION SOCIAL TOOLKIT

INSTAGRAM REELS PROMPTS

- What advice would you give to someone who just received a diagnosis like yours?
- How do you stay motivated and who is part of your support system?
- Why is supporting research in rheumatology so important?
- Why did you decide to become a #RheumChampion?

HASHTAGS

#RheumChampion
#RheumResearch
#RheumatoidArthritis